



An assessment of socio-emotional problems amongst academically backward rural adolescents

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ARTICLE INFO :

Received : 08.03.2016
Revised : 10.04.2016
Accepted : 13.05.2016

KEY WORDS :

Socio-emotional problems,
Adolescents

HOW TO CITE THIS ARTICLE :

Tiwari, Gaytri and Galundia, Ruchi (2016). An assessment of socio-emotional problems amongst academically backward rural adolescents. *Adv. Res. J. Soc. Sci.*, 7 (1) : 68-72, DOI: 10.15740/HAS/ARJSS/7.1/68-72.

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ABSTRACT

Adolescence is the most challenging period of life in which most individuals face a lot of difficulties in various areas of life. Some may find the period difficult to handle which often lead to emotional and social problems. Adolescents face a range of challenges both internal and external that impact their mental health and socio-emotional well-being. The present study was carried out with the major objective to explore socio-emotional problems of adolescents in rural settings. The sample from three villages of Udaipur district viz., Lakhawali, Bhilwara, and Dangio Ka Guda were selected from three classes i.e., 7th, 8th, and 9th consisted of 150 adolescents. A checklist was prepared to find out the socio-emotional problems of adolescents. Data was analysed by using frequency and percentage distribution. Results revealed that majority of the adolescents had mild socio-emotional problems but one forth had moderate socio-emotional problems.